



Sticklepath School Sport News Blog – 2019/2020

September, 2019

Congratulations to Logan (DSM) and Talia (TRG) who kept themselves very active over the summer holiday. Logan completed his one mile swim and Talia, who has only just joined reception, completed her five mile run. Excellent! No wonder they look so proud with their certificates.



Triathlon - Well done Jamie on completing his second Torbay Triathlon, beating his time from last year. What a superstar!



Barnstaple Junior Park Run - Fabulous to see our staff and children taking part in the Park Run this morning. Thank you to Fremington Trailblazers who took over the marshalling today. It's really great to see so many children taking part and enjoying themselves. Special mention to Ted Hill Yr 3 who had a storming run to finish 2nd overall, amazing!



Motocross - Congratulations to Riley who won the Rider of the Day at the SW Moto Cross series in Crediton. He had to ride a series of three races on his 65cc Yamaha motor bike. Riley starting riding a motorbike when he was just three years old, just amazing!

Trampolining - Congratulations to Tegyn on being awarded the British Gymnastics at Level 7 in trampolining. One of the hardest moves was a seated landing, swivel hip to seated landing which she says was really difficult. It certainly sounds it! Good luck to Tegyn as she works towards the next level.



Charity Run - We have a new sports star in the making! Well done Dougie (LLO) who did a charity run at the weekend to support a friend who is running the London Marathon for CRY (Cardiac Risk in the Young). He also completed his 5m swimming badge too. Great stuff!



Kick Boxing - Congratulations to David who has been successful at his latest grading and continues up the ranks!



October, 2019 -



Cross Country -

The annual Year 3/4 cross-country race at Park School did not disappoint. Our children all ran with the usual guts and determination. Congratulations to our medal winners and our awesome Yr 3 boys who managed a first, second and third. We acknowledge that for those children that are not natural runners the amount of effort they put in is immense, so they should all give themselves a pat on the back.

Gymnastics -Congratulations to Evie who has been awarded her Silver level gymnastics certificate and badge. Evie trains at Falcons Academy and is now working on her aerial moves to get to the Gold level. Good luck Evie!



Yr 5/6 Cross

Country - Despite the threatening weather we had another successful morning at our Yr 5/6 Cross Country event at Park School. Once again, the children all put in an exceptional amount of effort and were really supportive of each other. Thank you to the supporters that also came along to cheer.

Stephen's Shield Cross Country - Well we have never experienced such horrendous rain and conditions as today at a cross-country. Rain, hail, thunder, lightning and a bit of sun! The children were brilliant considering the weather. They were sodden, cold, muddy and wet even before they started. However, they all stuck to the task in hand and finished with great results. Congratulations to Leo



who won the Yr6 boys race after being frozen to the spot at the start. Both the Yr 4 and the Yr 6 boys won the team event and now progress to the Devon Winter Games in March 2020.

Multi Skills - Yr 3 had a great morning at Park School. They took part in teams over 10 stations, honing their football and netball skills. Everyone enjoyed themselves and we were very proud of their enthusiasm and behaviour. Thank you to Park School for hosting. It's always lovely to see our past pupils leading the events.



November, 2019

Yr 4 Sports Hall Competition -

Our Yr 4 team put in an excellent performance in the Sports Hall competition at Park School. There were six teams competing over five different events plus a relay. We finished in 2nd place behind Newport. Well done everyone.

Cross Country - Our girls had a fabulous morning at the Bratton Fleming Cross Country race. It was the first time we had entered this event and it turned out to be a real test of endurance. It was a very challenging, hilly course. All of our athletes gave 100% which was reflected in the results. Everyone finished in the top 25 with 8 finishing in the top 10. Congratulations to Amelia and Myiesha who both stormed home to victory in 1st place. Thank you to the parents that came along to support, we couldn't do this without you!



Climbing - Marcie and Gracie-Lou had a fabulous time on Saturday representing Sticklepath at the primary school climbing competition at Rock and Rapid. They both showed enormous growth mindset, never giving up and trying new ways of conquering

the wall. This was the first time that Gracie-Lou had tried it! A great friendly competition is open to all. Perhaps next year more children would like to have a go. Thank you to the parents for their support.

Autumn Track Challenge Results - Class HAE had the highest average laps per child at 4.07. Class ABA ran the furthest at 135 miles. The highest number of laps recorded by a pupil was Myiesha (HAE) an astonishing 31 laps equating to 7.5 miles. Collectively we managed to run 1364 miles, which was further than last summer term. That's fantastic!

Class	Average number of laps per child (1 lap = 390m)	Total laps per class
EFI	2.80	383
LJO	3.11	450
JMU	3.42	468
HPE	3.08	468
MTO	3.20	427
BPH	3.16	415
RPR	3.53	485
DMD	3.13	434
HAE	4.07	543
DSM	3.67	434
ABA	3.95	561
RGA	3.73	454
TSU	3.95	198
MPA		**
TRG		**
All Classes	3.43	5629



Gymnastics - Amelia Manning in MTO competed in a Devon Level 7 gymnastics team competition. She was representing Falcons Gymnastics with 5 other team members all aged 7. They were competing against 8 teams from around Devon and they managed to achieve 2nd place coming away with Silver medals. Congratulations to Amelia.



Athletics - Here is another Sticklepath star! Myiesha won a silver medal at the Devon County Indoor Athletics Championships at speedbounce. She managed 50 bounces in 20 seconds, which is amazing! Keep up the good work 😊

Rising Stars 2019 - Our children enjoyed their first day on the Barnstaple Rising Stars PE programme. Along with other gifted and talented Yr6 children from other schools, they took part in a gymnastics session coached by the staff at Falcons Gymnastics Academy and then a tennis session provided by Tarka Tennis. They also learned about the skills that they would need to maximise their potential.



Motorcycling - Congratulations to Riley who collected this huge trophy at the end of season awards! Riley told me that at first, he would only go along to the track to watch because he was too nervous to take part, then he had a go and then tried again, eventually he grew in confidence and look at him now!



Football - Over the last half term Yr 6 boys and girls have had an opportunity to join up with some other primary schools at Park School to play some friendly matches. Thank you to Mr Brewer of Newport School who arranged it all and to Mr Day at Ashleigh and Mr Turner from Pilton Juniors for bringing their children. Thank you to all our parents for their support too. I must say that we did play some awesome football and won several of our matches, but I was more impressed by the sportsmanship and enjoyment that was had by all the teams.

December 2019



Sports Hall Competition -

Super proud of our team at the Sports Hall event. We finished in first place beating Orchard Vale (2nd) and Newport (3rd). The points scored showed that we won five out of the six events, which is extraordinary. We now qualify for the North Devon finals next year.



January 2020

North Devon Sport Hall final - Sixteen of the top North Devon primary schools battled it out at the Sports Hall finals yesterday. With the top two teams qualifying for the Devon Games final there was all to play for. After a series of jumping, bouncing, running and throwing our team finished agonisingly short in 3rd position. As a team they put in maximum effort and represented the school superbly and we were very proud of them all.



Yr 4 Tennis Festival - Yr 4 had a fabulous morning at the Tennis centre. Thank you to the Tarka coaches, Mrs Farr and the Park School sports leaders for inviting us along and helping us to improve our tennis skills.

Cross Country - Well done to ex-pupil Ollie Curry who competed for Park School in the Devon Schools Cross Country event at Stover, Newton Abbot. Ollie finished in 39th place on the tough course in the Yr 7 boys category.

Olivia Joslin finished 34th in the junior girls whilst Max Standen finished in 3rd place for junior boys. Dylan Dayman finished 7th in the intermediate boys. It is likely that Max and Dylan will go on to represent Park at the South West Schools race to try and qualify for a place in the English Schools Cross Country finals in March. Good luck to them!

It is great for us to see our children go on to achieve great things, building on the foundations that they made here at Sticklepath. I hope that they can inspire others to follow in their footsteps.



Hockey - Thank you to Caen primary who invited our team to play a hockey match on the astro at Braunton Secondary School. The weather was atrocious but it did not let that dampen their spirits. Unfortunately, we lost 4-2 but the score did not reflect the gutsy performance on the pitch and some excellent play. Well done to you all. Thank you also to the parents that came to support, we can do these things without you!



Netball friendlies – Thank you to Chris Farr and Ashleigh school for arranging some informal match practise for our netball teams. It was the first time that our teams have had an opportunity to play against an opposition from another school and properly get to grips with the rotations and rules of High 5.

Paralympic Athlete Visit - It was an absolute pleasure to welcome Dr Tony Griffin to our school. Tony has won 38 international medals for GB and still holds a world record. He was born with cerebral palsy but this has not prevented him from taking part in three different Olympics and in four different sports, his first being when he was just 16 years old. He was given the honour of lighting the Olympic cauldron in Stoke Mandeville on behalf of



England and then took part in the opening ceremony of the 2012 Paralympic Games in London as an aerial performer, entering the stadium high in the air on a wire. Tony is also the proud owner of the British Empire Medal and has met the Queen on two occasions.

Tony spent the day at Sticklepath meeting all the children, telling them about his journey and taking part in question and answer sessions.

What an amazing opportunity for our children to meet such an inspirational man!

February 2020 –

Devon Ability Games 2020 -



What a fabulous day of inclusive sport the children had at the Devon Ability Games 2020. Following the opening ceremony they took part in the primary school festival, trying out lots of different fun activities and skills. After lunch, they were able to take part in several different taster sports like fencing, laser shooting and their favourite the wheelchair basketball.

High 5 Netball Tournament – Our netball team took part in the Park School tournament. They played some great netball beating Ashleigh and Bishops Tawton. A very strong Landkey team finished in top spot. I was very impressed by our team's perseverance and they all fought bitterly to the end. Well done team! and thanks for the parental support from the side lines.



North Devon Schools Gymnastics Competition 2020 –

Congratulations to all our gymnasts that competed this year. There were a lot of nerves out there whilst performing in front of such a large audience. We were so proud of you all, you all put in an amazing effort. Well done to the U9 boys who won bronze and silver and to the U7 boys who also won silver. Special mention to Georgia who took the individual title in the U7 girl's category. Thank you Tara and Neve for the sterling work that you do with our gymnasts and thank you to all the parents for their support. It was a very long day!

March 2020 –

Hockey -Well done to our hockey team at the North Devon Quicksticks tournament. We were unfortunate to miss out on the semi-finals only losing one match, drawing two and winning three. There was some excellent play, lots of goals and brilliant team work. Well done all!



Fencing - Jamie (ABA) competed in Wellington on Sunday at the U11s. He fought 2 rounds of 3 bouts and was ranked 4th out of 15 from Devon, Somerset and Dorset. They then had a medal pool for the top 4 and he finished 3rd with the bronze medal. Congratulations Jamie! It is so great to see our children taking part in different sports!

Run to Tokyo – Following the spring track challenge it was decided that we would carry on running to see whether we could run the equivalent miles between the UK and Tokyo before the 2020 Olympics. Sadly, due to Coronavirus we got stranded in Russia and likely to be isolated there for some time!



Bikeability – Thank goodness that we managed to get in the Bikeability sessions before the school was closed. We now have another 45 children trained to ride safely out on the road. Thank you to Kevin and Ian for their continuous support in our school delivering the training.



Covid 19 – Sadly due to Coronavirus our PE activities came to an abrupt halt. We had several big occasions to look forward to with a Devon Games final, cricket festival, athletics festival, Oceanfest and our sports day, to name but a few. We took put our PE online and joined in with Joe Wicks but hopefully, we will be back with a bang next year.



Devon Virtual Games - Thank you to Active Devon and the School Games Officers that put together a programme of challenges that our children could compete in ‘virtually’ from their home. Congratulations to Myiesha (HAE) and Agnes (MPA) who both won gold in their age category for the ‘Home Pentathlon’ event. Over 580 entries were recorded so this was a fantastic

result. Also, well done to the 15 children that completed the ‘gold’ level and 1 bronze level in the run/jog/walk event completing 40 miles and 20 miles respectively.

Virtual Sports Day – Congratulations to the blue team for successfully defending their title from last year. We had approximately 125 students, in and out of school, competing over six different events. We appreciate the support given by teachers and parents.

Staff Training and CPD – Training our staff is always a key focus. We want to ensure that all our teachers are able to teach outstanding PE. We use some of our Sports Premium to provide training both externally and internally working alongside expert coaches. You can find this year’s CPD log below.

Tennis	Autumn Term , 2019	Meg Tomson Bridget Phillips
Multi Skills	Autumn Term, 2019	Emma Fitzgerald Louisa Loman
Chance to Shine Cricket	Spring Term 2020	Bridget Phillips Hannah Elsom
Swimming (online – basics of front crawl, backstroke, breaststroke and butterfly)	April 2020	Terry Gaunt